

Earthquake Safety Tips

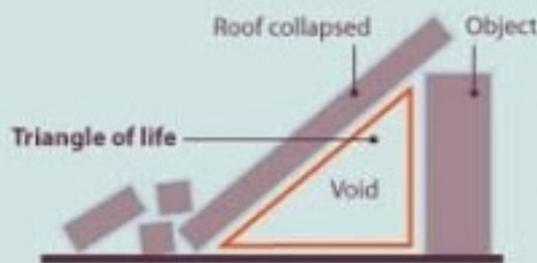
HOW DO YOU SURVIVE AN EARTHQUAKE?

By the controversial "Triangle of Life" theory or the Red Cross approved "Drop and Cover"? You decide!

TRIANGLE OF LIFE vs. DROP AND COVER

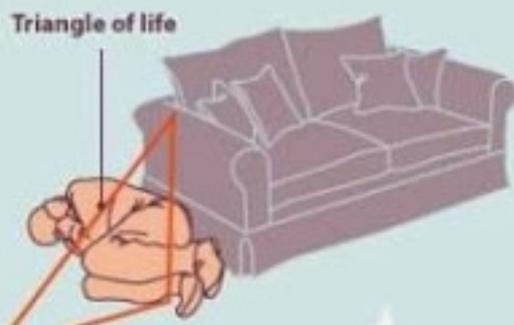
Controversial theory by **Doug Copp**, rescue "expert" which teaches that:

...objects like sofas, beds, desks and other furniture get crushed or become compressed when a building or roof collapses. But next to them is a "void" (often in a triangular shape) which is a safe place in which to seek cover, ideally in the fetal position.

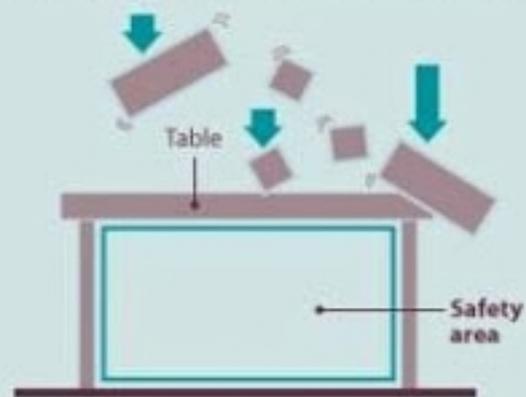


IN A MULTI-STORY BUILDING

Lay down in a fetal position **next** to a bed, sofa or large bulky object.



Also called "**Drop, Cover and Hold On!**" or "**Duck and Cover**" this is considered the safest method of earthquake survival according to most experts, including the Red Cross and FEMA



INDOORS

Drop to the floor

Cover Your head and neck

